

Moving 4 Missions 5K Run or Walk

September 5, 2015

Sponsored by:
Bethel United Methodist Youth



All of the proceeds from this event will go directly toward covering the costs of our future mission work in our area and beyond! In the past we have gone on week long mission trips to Pocahontas, VA. and Atlanta, GA, as well delivered much needed food items and other supplies (toiletries, paper towels, trash bags) to low-income families in Warrenton & Winchester. We also serve the people of Warrenton by providing meals during the holidays to families who may otherwise go without. Help support our youth and the work they do in the community.

Race begins at 8:00 a.m.

Location: Bethel UMC (6903 Blantyre Road, Warrenton)

On-site registration begins at 7:00 a.m.

Rolling double loop course through the Bethel Academy neighborhood beside the church

Water stops on course and at the end.

Plenty of parking and rest rooms at the church

Cost: \$20 Pre-race-registration

\$25 Race Day

Additional donations to our missions are welcome

(Checks payable to Bethel UMC designed to the youth fund)

Register early to ensure you get a T-shirt!

Race results will be posted at www.bethelumc.com

For more information please contact:

The Bethel UMC Office at **540-347-4874**

or email **moving4missions@gmail.com**

Mail-in registration form (no later than August 31)



Name	_____	Age	_____	Gender	_____
Address	_____	City	_____	State	_____
				Zip	_____
Email	_____	Phone	_____		_____

Mail registration and payment to: **Bethel United Methodist Church**

6903 Blantyre Road
Warrenton, VA 20187



Waiver: Registration/Waiver Form MUST be completely filled out and signed by ALL participants on page 2.



I, _____
 running/walking a road/trail race is a potentially hazardous activity, which could cause injury or death. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of the official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running/walking in this event, including, but not limited to, falls, contacts with other participants, the effects of the weather, and conditions of the trails/roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my registration into this running/walking event, I for myself and anyone entitled to act on my behalf, waive and release Bethel Methodist Church from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings, videos or any other recording of this event for legitimate purpose. I understand that bicycles, skate boards, roller skates or inline skates are not allowed in this event and I will abide by this rule.

Signature of the Participant: _____

Date: _____